



## FORMATION IN THE ACI FAMILY

Drawing up a formation plan for the ACI Family is a response to the desire and the need to have guidelines and themes for in-depth reflection that are common to all of us, that help us to go deeper into the charism of the Foundresses and thus come to know Jesus more so as to love and follow Him more.

The Formation plan will cover the aspects of content, celebration and commitment to the mission. It has to have wide objectives that can apply to all the groups of the ACI Family, that respect diversity, and that strengthen the bonds of union and the universal character that identifies us.

In this path of formation it is important to approach the broken world, poverty, suffering ... and to grow in love, in humility, in joy, in generosity, in self-gift, in sacrifice ... convinced that all this is possible in our day to day life, since Raphaella Mary taught us this: that she let God be God and found in the Eucharist the strength to live in this way.

### **Formation process**

In the formation process we will start from and will respect the current situation of each person and group, going out to meet them where they are. In this Family they come as they are, and from their group go on to become brother/sister to many others.

We want to keep in mind formation in the following areas:

- ✕ human,
- ✕ Christian,
- ✕ Scriptural,
- ✕ Ecclesial,
- ✕ ACI Charism,
- ✕ political and social,
- ✕ ecological, etc.

We want to deepen in:

- ✕ Self-knowledge.
- ✕ Interpersonal relationships.
- ✕ Our vocation to a full humanness that lives in solidarity.
- ✕ Our lay vocation and our baptismal commitment.
- ✕ The Word of God.
- ✕ Our humble belonging to and collaboration in the local Church.
- ✕ Knowledge of Church documents.
- ✕ The legacy of Raphaella Mary, as known from her story and her writings:
  - How she discovered the following of the poor and humble Jesus.
  - How she wanted to respond to the Love of God through Reparation.
  - How Christ in the Eucharist became the center of her life.
- ✕ The vital place that the Eucharist celebrated, adored and lived can have in our busy daily life.
- ✕ The richness that Ignatian spirituality possesses as a way that is always valid for finding God in all things and working for the "good that is more divine the more universal it is".

- ✕ The mission and concrete works of the Institute of the Handmaids of the Sacred Heart of Jesus in its “wholehearted” search to extend the charism of Saint Raphaela Mary to where the “need is most urgent”.
- ✕ The universal dimension of the ACI Family.
- ✕ The social doctrine of the Church.
- ✕ The commitment to the poor.
- ✕ Become aware of our responsibility for the care of Creation.

We want to be constant in:

- ✕ Coming together periodically at the local level.
- ✕ Living communion, joy, self-giving love, peace... Reparation in our daily life: family, work, profession...
- ✕ Taking care of our personal relationship with Jesus Christ in prayer.
- ✕ Participating in the Eucharist and inviting others to do the same.
- ✕ Adoring Jesus in the Eucharist because there we learn to adore Him in our brother who is broken.
- ✕ Organizing and participating in days of gathering, prayer, retreats, Spiritual Exercises.
- ✕ Our comprehensive formation.
- ✕ Having projects with the mission of solidarity at the local and universal level that unite us in the struggle for and reconstruction of a better world.

The commitment of each member, of each group of the ACI Family, from the different realities, is very important. All of us can cooperate with our service, our financial contribution ...