

EASTER TRIDUUM

“A merciful heart does not mean a weak heart. Anyone who wishes to be merciful must have a strong and steadfast heart, closed to the tempter but open to God. A heart which lets itself be pierced by the Spirit so as to bring love along the roads that lead to our brothers and sisters. And, ultimately, a poor heart, one which realizes its own poverty and gives itself freely for others. During this Lent, then, brothers and sisters, let us all ask the Lord: *“Fac cor nostrum secundum cor tuum”*: *Make our hearts like yours* (Litany of the Sacred Heart of Jesus). In this way we will receive a heart which is firm and merciful, attentive and generous, a heart which is not closed, indifferent or prey to the globalization of indifference.”

Pope Francis, Message for Lent 2015

HOLY THURSDAY:

The end is near. Jesus wants his disciples to understand what the meaning of his life: LOVE, GIVING ... unreservedly. He leaves a symbol of his Love forever: the bread and wine, his Body and Blood. But first, He washes their feet!

- ✓ Jesus shows us the true path: that of SERVICE for LOVE. He breaks our schemes and criteria ... His logic is different...

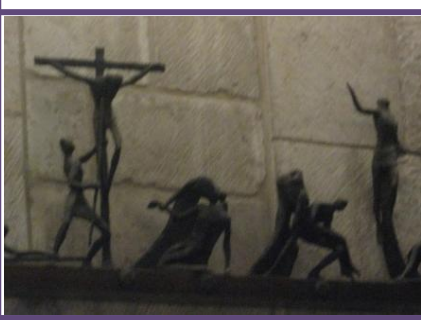
Gospel – John 13:1-15

“Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. I have set you an example that you should do as I have done for you.”

- ✓ Which are my criteria and values? Are they like those of Jesus?
- ✓ What do I want to change, to repair this Easter?

"Do your will, Lord, captivated me from the beginning,
just as you were captivated to do the Father's will.
You always helped me, Lord. You lit up my life
and gave me strength to follow You.
Show me, O Lord, thy ways
and give me light to do your Will. "

Saint Raphaela Mary



GOOD FRIDAY:

Jesus dies on the Cross. Today we contemplate with faith and thanksgiving His faithfulness and self-giving, because we believe that his is the only path that leads to LIFE. We can learn valuable lessons of forgiveness, generosity, humility, trust, love, hope...

“There is no greater love than to lay down one's life for one's friends.”

Gospel – John 18:1-40.19:1-42

- ✓ He loved me and gave Himself for me!
What can I do for Him? What would Jesus ask me to do for Him?

"You were, as always, my Lord and King. I always felt loved by You.
And in response to your Love, I gave myself to the Love of your Heart and wanted to follow You.
I wanted to live like You, being poor and humble like You.
To love you and work so everyone may know and love You. "

Saint Raphaela Mary

HOLY SATURDAY:

Jesus is dead and we remain at the tomb. We stand with Mary, in silence. We have hope. JOY is reborn in us! We have hope!

“And when the centurion, who stood facing him, saw that in this way he breathed his last, he said, “Truly this man was the Son of God!” There were also women looking on from a distance, among whom were Mary Magdalene, and Mary the mother of James the younger and of Joseph, and Salome. When he was in Galilee, they followed him and ministered to him, and there were also many other women who came up with him to Jerusalem.

And when evening had come, since it was the day of Preparation, that is, the day before the Sabbath, Joseph of Arimathea, a respected member of the council, who was also himself looking for the kingdom of God, took courage and went to Pilate and asked for the body of Jesus.

Pilate was surprised to hear that he should have already died. And summoning the centurion, he asked him whether he was already dead.

And when he learned from the centurion that he was dead, he granted the corpse to Joseph.

And Joseph bought a linen shroud, and taking him down, wrapped him in the linen shroud and laid him in a tomb that had been cut out of the rock. And he rolled a stone against the entrance of the tomb.

Mary Magdalene and Mary the mother of Joseph saw where he was laid.



Mark 15: 39-47

✓ What do we expect? Whom do we expect?

"I look to Jesus and He looks at me."

Saint Raphaela Mary

Let us join the prayer of Pope Francis "**Lord, grant me a heart like Yours**":

A **GREAT** and **UNIVERSAL** Heart, which ...

An **ENERGETIC** Heart, which ...

A **FEARLESS** Heart, which ...

A **LOVING** Heart, which ...

A **SIMPLE** Heart, which ...

A **CONFIDENT** Heart, which ...

A **HUMBLE** Heart, which ...

A **THANKFUL** Heart, which ...

A **GENEROUS** Heart, which ...

A **JOYFUL** Heart, which ...

A **FREE** Heart, which ...

A **COMMITTED** Heart, which ...

An **ATTENTIVE** Heart, which ...

A **WELCOMING** Heart, which ...

A Heart that **RESPONDS** ...

A **FAITHFUL** Heart, which ...

A **RECONCILED** and **RECONCILING** Heart, which ...